

# **AAP** Association for the Advancement of Psychosynthesis

**E-News**  
8 June 2011 *Keeping in Touch with Our Members*

---

*In this issue: // Psychosynthesis Today—AAP Retreat and Foundations Intensive //  
Quote of the Month // Toward a Practical Vision of Psychosynthesis in North America //  
Instructor Training for Quality Parenting // Member Request // June Meditation Keyword*

---

## **Psychosynthesis Today** **AAP Retreat and Foundations Intensive Course June 10-16, 2011**

### **AAP Retreat**

The coordination team of Psychosynthesis Today is delighted to announce that this event will take place from June 10-16, 2011 at the Mercy Retreat Center in Burlingame, California. It is not too late to register for one or both of these events.

The Retreat begins at 7:30 pm on Friday evening, June 10th and ends the following evening at 9:00 pm – unless you want to be dancing into the morning hours!! The Retreat is then followed by the 5-day Foundations Intensive Course.

On Friday evening the participants will gather in the sacred circle of reality and explore how psychosynthesis can contribute to what is happening in the world today. If you are unable to attend this retreat, you can still participate in this process beforehand. Email Judi White at [aap.input@gmail.com](mailto:aap.input@gmail.com) and request instructions.

On Saturday morning, the circle will create a new constellation. On Saturday afternoon, practical strategies and



implementation planning will take place, followed by story creation. Following solitary reflection and dinner, the group will gather once again in the sacred circle for a ritual of renewed community, ending with a circle dance.

If you would like to attend, there is still opportunity for you to participate in person.

To register, please go to <http://www.psynthesis.org/pstoday/index.htm>.

## AAP Foundations Intensive Course

The AAP Foundations Intensive Course, scheduled for June 12-16, 2011 to follow the AAP Retreat, is a GO! We currently have 15 people registered for the course to include a cross-section of the psychosynthesis and transpersonal psychology community — from people new to psychosynthesis, to those wanting a refresher, to old hands who want ideas for developing their own workshops. The five-day course, taught by members of AAP's Professional Development Committee, will be held at Mercy Retreat Center in Burlingame, CA near the San Francisco Airport. Remaining slots are filling fast and the final registration deadline is June 1st.

For more information and to register (before the deadline), please go to our web site:

[www.psynthesis.org/pstoday/](http://www.psynthesis.org/pstoday/).

This course is the first step in the development of a national training program, coordinated with existing training centers, and offering a variety of learning methods: residential, on-line, video seminars, mentoring, and more. We will keep the community informed as we develop the program.



---

### *Quote of the Month*

---

Perhaps the most important thing we bring to another person is the silence in us, not the sort of silence that is filled with unspoken criticism or hard withdrawal. The sort of silence that is a place of refuge, of rest, of acceptance of someone as they are. We are all hungry for this other silence. It is hard to find. In its presence we can remember something beyond the moment, a strength on which to build a life. Silence is a place of great power and healing.

- *Rachel Naomi Remen*

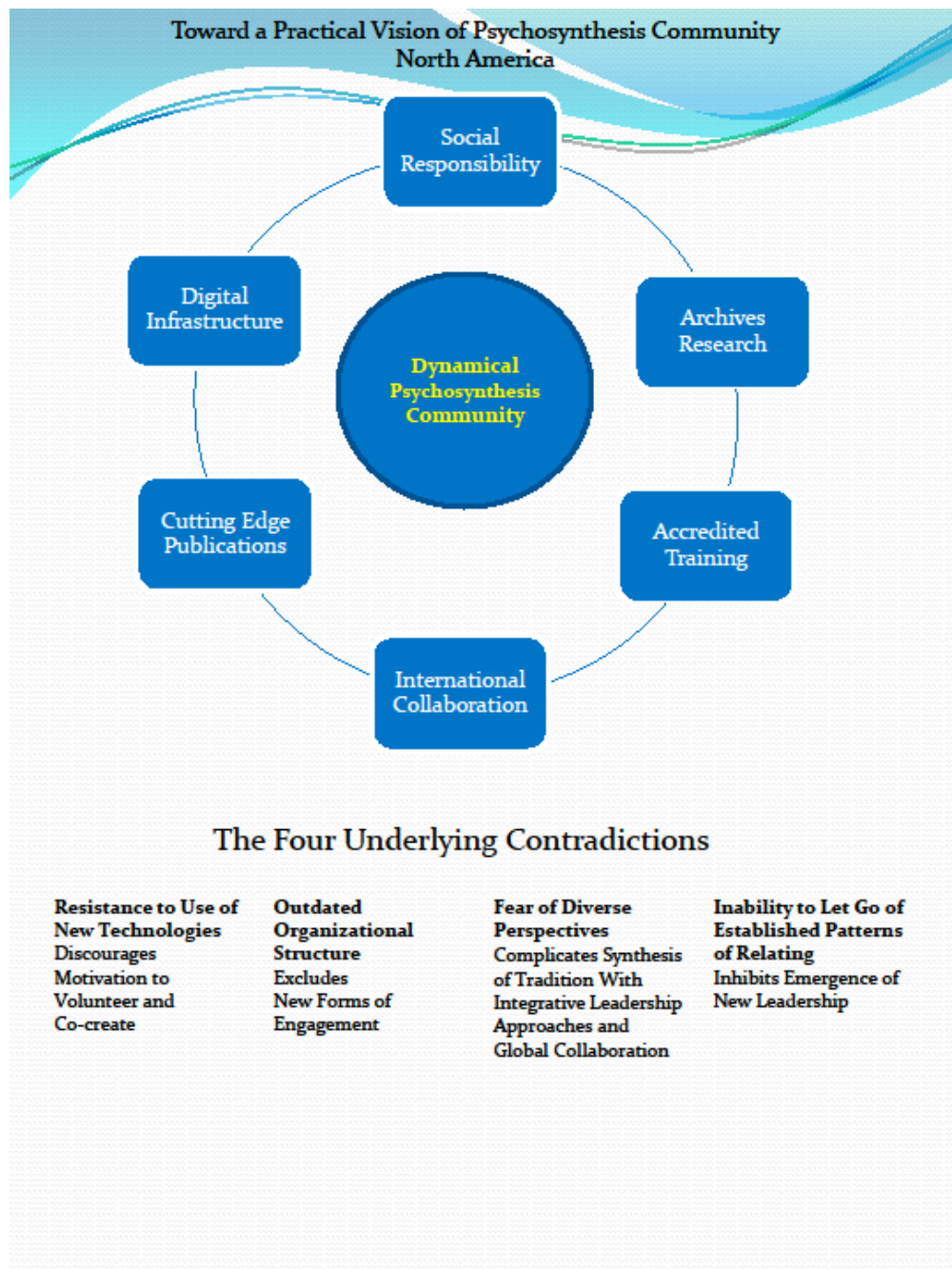
---

## ***Toward a Practical Vision of Psychosynthesis in North America.***

---

Many members have provided feedback on the strategic planning process, both on the vision clusters and underlying contradictions. This participatory process has been a rich experience. Peter Stonefield has created a visual of the results to date, as indicated below for your consideration. If you wish to read Peter's recent article entitled *Evolve -Stay One Step Ahead*, please follow this link:

<http://www.aap-psychoanalysis.org/pdf/Evolve-StayOneStepAhead.pdf>



## INSTRUCTOR TRAINING

Supplement Your Income

### *Quality Parenting*

#### Encouraging Mutual Respect



Learn how to apply psychosynthesis theory to help parents create a family environment that encourages mutual respect. This course qualifies participants to teach this program in their own communities. The *Quality Parenting*

program has been widely attended by parents of diverse cultures.

#### TOPICS INCLUDE:

- Recognizing difficult behavior as a *cry for help*
- Learning how to remain centered under stress
- Strengthening the family to bring out the best in everyone

#### INSTRUCTOR:

**Ilene Val-Essen, Ph.D. MFT,**  
author, program developer, trainer,  
consultant and psychotherapist

TO LEARN MORE OR ENROLL, please contact Dr. Ilene Val-Essen:

E-mail: [info@QualityParenting.com](mailto:info@QualityParenting.com)

Call: (310) 839-1571 or cell: (310) 213-1548

Toll-free: 866 LUV-KIDS 866 588-5437

Location: Novato, CA 94949 (beautiful private home near S.F.)

Dates: After the retreat, Sunday-Tuesday June 12-14, 2011

Cost: \$495, includes **all** instructor materials

(Leader's and Parent's Guide, book, charts and illustrations)

## **Member Request**

Rather suddenly “twins” are on my path, especially in my work as a coach. As a result some curiosity has arisen in me, and I would like to pose a question for your consideration and response:

*What are specific themes for souls who have come here with a twin brother or sister?*

I have been searching for literature but haven't find a great deal about soul development. I would like to know a little more, by means of reading or hearing some of your experiences.

Kindest regards,

Ellen Kuners  
eln@kiezenvoorkracht.nl

## **June Meditation Keyword**

### **Unity**

AAP invites you to participate in monthly meditations on the first of each month. You choose the duration of the meditation, and how long to meditate, and how to meditate. Know that others will be with you in space/time.

You may choose to meditate on **Unity** as a deepening practice throughout the month.



*The painting, Three Trees, is by Sue Memhard.*

---

**THANK YOU** to Audrey McMorrowand Dirk Kelder for publishing this issue of the E-News.

---

**Editor's note:** We look forward to your contributions and suggestions for our next issue. The deadline is June 17. Please send to [aap.input@gmail.com](mailto:aap.input@gmail.com). Thank you!

Dori Smith,  
Managing Editor

AAP E-News is a member service of the Association for the Advancement of Psychosynthesis. Copyright 2011, All Rights Reserved. To learn about AAP, go to our website at

**Vol. 4, Issue 4**

[aap-psychoynthesis.org](http://aap-psychoynthesis.org).

Contact us by e-mail at [info@aap-psychoynthesis.org](mailto:info@aap-psychoynthesis.org).

This message goes out to all AAP members. The membership list is for our own use and is never sold.

---

**Change of address:** Please fill out the change of address form at [aap-psychoynthesis.org/formcoa.htm](http://aap-psychoynthesis.org/formcoa.htm).

---

