



AAP News

The Newsletter of the Association for the Advancement of Psychosynthesis

February

Winter

2005

Dear Friends
and
Colleagues:

On behalf of the Steering Committee we wish each of you the continued experience of giving and receiving, movement in your resolutions, and strength, skill and goodness with regards to your will this year.

Conference and Training Development Program

In nature many things hibernate and incubate during the long winter months; but as your Steering Committee we are more active and engaged in several projects. Many of

you are aware that our annual conference is scheduled for **June 17 to June 19, 2005**.

We'll begin Friday evening with a social time to come together, and Registration. Then John Firman and Ann Gila will discuss their work and new book in our first keynote, "**Our Psychosynthesis Journey**." The Saturday keynote will be "**Psychosynthesis and the Energy Body**," given by Martha Crampton.

Each day will have a variety of **workshops**. One will be by our Colleagues at the Harmony Institute in Russia. All this *and* a beautiful Training Development Program / AAP Community dinner and social/psychosynthesis event.

You'll receive your conference brochure shortly. We are excited at the schedule and the balance between our Trainer Development Program **June 19 and June 21** and Conference. There will be early bird—discounted—registration for members. Get your registration back to us quickly so you can be assured of your first choices for workshops! This year's conference promises a rich blend of personal and professional growth along with the deepening of our rela-

tionships as a community. We look forward to seeing each of you in June.

New location and Addresses

In other news we have made a transfer of our administrative functions from New York to California. The process has flowed smoothly with a few changes to present to you. Most important are our **new mail and e-mail addresses**. Our Web site and phone number remain the same (**see contact information this page**). Our new administrator is David Parks-Ramage. He lives in California and brings extraordinary skills and enthusiasm to the task. More on David in the next newsletter. We welcome him to our organization.

New Cochairs

We are excited to state that the steering committee has selected new cochairs. Beginning in June 2005, **Betty Bosdell** and **David Shirley** will assume the roles. Both are uniquely suited and bring experience and skills that will serve AAP well into the coming years. As for us, we will slowly contemplate our coming hibernation and incubation. Until then we look forward to continuing to serve you and advance Psychosynthesis.

Warm Regards,
Scott Thompson & Mary Eileen Kiniry
Cochairs, AAP

Note: Changes in AAP Contact Information

AAP
PO Box 6287
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(646) 320-3914

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Explore This Issue

- See **sneak previews** of the June Psychosynthesis Conference in Minn.
- View **upcoming events**.
- Read farewells to **Edith Stauffer**.
- Find new AAP contact information
- Learn the names of our next AAP cochairs.
- Take your **inserts** (and send them back):
 - ⇒ Your information for **new AAP Directory**
 - ⇒ **Ballot** for New Members of AAP Steering Committee
- . . . And find much **more**. . .

AAP News

Coeditors

Mary Eileen Kiniry

Walter Polt

Design

Cynthia Lashley

Walter Polt

Submissions

Please send ideas that have been helpful to you in your life and work. We're glad to have your poems, book reviews, art work, exercises, articles (especially about use of psychosynthesis, whether explicit or implicit), etc.

Length guideline: around 600 words maximum.

Submission Deadlines

April 1, July 1, Oct. 1, Jan. 1

Letter Guidelines

The AAP News provides its "Letters to Editors" pages for readers to state their views. It is intended to encourage an exchange of ideas and information related to the psychosynthesis community. Views expressed on the letter page (and in the newsletter generally) are not necessarily those of the editors of the AAP. AAP News may edit submissions for grammar, syntax, and size.

How to Reach Us

AAP

PO Box 6287

Albany, CA 94706

www.aap-psychoanalysis.org

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info@aap-psychoanalysis.org

The Association for the Advancement of Psychosynthesis, founded in 1995, is incorporated as a nonprofit association with tax exemption in the United States. It is dedicated to advancing and advocating on behalf of Psychosynthesis and conducting educational programs in Psychosynthesis.

The Synthesis Center Republishes *Meta Recovery: Beyond the Twelve Steps*

This book deals with **psychosynthesis methods and exercises for addicts who want to go beyond the Alcoholics Anonymous model.**

It's a spiral-bound book with a dual-format CD. The CD contains verbal exercises which you can access by using an audio CD player and skipping through the exercises as if they were songs.

And in your computer the CD gives you access to a PDF file with all the exercises written out so you can print them and work on them. The cost is \$35.

Book Discounts!

AAP Membership entitles you to a 10 percent discount at Synthesis Distribution on psychosynthesis-related books, monographs and articles, some in Adobe PDF format, some in paper. Just log on to <http://www.synthesiscenter.org/syndist/catalog.html>

Mention AAP membership in the comments field . . . and keep shopping.

Synthesis Distribution is switching to a modern shopping-cart-style store, so you'll get the same look and feel as most Internet shopping sites.

Watch the Synthesis Distribution Web site for more monographs and articles.

Correction

Tom Yeomans' name should have appeared with his eulogy of David Bach (page 12, last issue). Fortunately, we did acknowledge Tom on the front page in "Explore This Issue."

Member Directory

The AAP is you!

And who are you? Here's one way to find out.

The AAP is pleased to be publishing an updated member directory in time for the June conference in Minn. We want to include everyone's information in it. Inserted **in this newsletter is a form for you to send in** so you can be included in the directory. Just complete the self-mailer form and return it to the address on the back **no later than March 15, 2005**. Alternately, you could fill out the form on our Web site at www.aap-psychoanalysis.org

The information you provide will be published in both booklet form and online. **There is no charge** for AAP members to be listed in the AAP Member Directory. The directory will be distributed free to members only, and the online directory will be in a members-only section of the website. If there is any information you do not want published in the directory, please note that clearly at the end of the form. Thanks for being a member!

Are You a Member of AAP? If So, You Can Vote for New Steering Committee Members

Inserted in this issue is a ballot. It contains descriptions of members of the Association for the Advancement of Psychosynthesis who are nominees to serve three-year terms on the steering committee.

*We request that AAP members vote either for the full slate of nominees on the ballot or for any number of individuals by marking an "X" in the appropriate place or places, folding the ballot, taping it closed and sending it to the address on the back of the sheet by **March 15**.*

(If you want to keep the information the nominees submitted about themselves, please feel free to make a copy of the ballot before sending it to AAP.)

Please copy, post, and pass on to colleagues and clients.

**Psychosynthesis Institute of Minnesota And
The Association for the Advancement of Psychosynthesis
Present**

**Grounding Spirit in
Body, Mind, and Community**

2005 North American AAP Conference, St. Paul, Minnesota

Our Psychosynthesis Journey: Keynote—Friday evening, June 17
John Firman and Ann Gila on their work and coming book

Psychosynthesis and the Energy Body: Keynote—Saturday morning, June 18
Martha Crampton on the interplay between body and energy work

30 Conference workshops: Saturday afternoon and Sunday, June 18 and 19
Participate with colleagues from the United States and beyond

Training Development Program: Sunday evening, Monday, and Tuesday, June 19-21
Emerging and seasoned trainer teams interact, and create and critique workshops

Contact: Dennis Wynne *DWynne@aol.com*

**New AAP Directory Coming Soon –
Want to Help?**

The steering committee is currently updating the AAP directory, both online and in hard copy.

If you have an interest in contacting others of like mind and have experience with editing, layouts, and printing, maybe you'd like to offer your experienced voice. We would love to have your input.

Contact: Shamai Currim, *aap_contact@yahoo.com*

**What Leaders Do We Follow?
How Do We Lead?**

We've had no response as yet to our call last issue for articles on the topic of leadership. Disparate viewpoints are an opportunity for synthesis. If you have thoughts about how the leadership of *all* of us can fit into our common task—new integration within ourselves, in AAP, and in all humanity and the world—please send them!

Deadline for all article submissions is April 1, 2005. Please also suggest theme ideas for future issues, at *info@aap-psychoanalysis.org*

Members Sharing Circle

The AAP is made up of individual members, each of whom has a story and a journey. All of us have ideas, feelings, knowledge, and dreams. Together we make a Synthesis, a whole which is strong and powerful. We want to know you, and we're thinking that you might want to know each other. In each newsletter we will publish this Members Sharing Circle with your stories and sharings.

Here's how it will work. We will publish a question each issue, and all you have to do is email back your responses—short or long, serious, funny, poetic, even what you think is boring. We will publish your contributions or excerpts of them edited if necessary for size and grammar, to grow more connections with each other. Each of us is an important, irreplaceable part of the AAP and of the whole.

Next issue's question: **“How did you find psychosynthesis or psychosynthesis find you?”**

Email your responses to *drjanetmessenger@yahoo.com* or write to

Janet Messer, Ph. D., PO Box 8139, Chandler, AZ 85246.

For more information about AAP or to become a member, go to our website at *www.aap-psychoanalysis.org*, e-mail *info@aap-psychoanalysis.org*, call (646) 320-3914, or write to AAP, PO Box 6287, Albany, CA 94706.

A Peek at the June Conference

You will have a wide choice of workshops in St. Paul, Minn.—from around the country and world! Here are just **five** out of some **30** titles.

Contact Dennis Wynne dwynne@aol.com

Three Facets of the Other

From St Petersburg, Russia come psychotherapists and trainers **Alexander (Sasha) Badkhen, MD**, Director of the International School for Psychotherapy, Counseling, and Group Leadership, and cofounder of the Annual Conference on Conflict Resolution; and **Mark Pevzner, Ph.D.**, cofounder, director of training, and board member for HARMONY Institute for Psychotherapy and Counseling.

We will spend three hours exploring the role of helping professionals in the human “journey to becoming ourselves”: First we discover the Other, who becomes a screen on which we project the first two of three Facets—our **fears** and our **ideals**. (At this point we tend to give away our power.) Then a dialogue process serves as a path to the third facet—where the Self and Other become “**We**.” Through existential aloneness, we travel to a spiritual path of “**All-One-ness**.” (Here we find who we are.)

Going Through the Door: Psychosynthesis and Buddhism

Judith Broadus, Ph.D., Director of the Shamballa Center of Lexington, Ky., leads a panel: **Molly Brown, M.A. and M.Div.**, of Intermountain Synthesis Center in Mt. Shasta, Calif., author and trainer in ecoPsychosynthesis, ecoliteracy, and Psychosynthesis; **Vincent Dummer, Psy.D.**, member of the Coordinating Committee of the Ky. Center of Psychosynthesis and a consulting psychologist with the Comprehensive Care Centers in Ky.; **Al Lingo, M.Div.**, a Certified Forgiveness Facilitator currently leading Unconditional Love and Forgiveness Workshops in the USA and India; and **Masami Matsuyuki, M.S.**, who is writing her doctorate thesis on Buddhism and Forgiveness.

They will help participants discover “Self, Higher-Self, and No-Self,” carrying forward the fun-and-mental explorations begun in the April 2004 Amherst conference. Their 90-minute workshop will include experiential, didactic, and discussion time.

Creating and Sustaining a Psychosynthesis Center

Founding members and senior staff of the Synthesis Center in Amherst, Mass., include **Didi Firman, Ed.D.**, director of the psychosynthesis training program; **Ted Slawski**, treasurer, founder of several other nonprofits, and manager of Synthesis Distribution (the psychosynthesis bookseller); and **Konnie Fox**, founder of the center Counseling Services.

They offer three hours of advanced-workshop experiences and presentations for people who are considering starting or are

already involved in running a psychosynthesis training program, counseling center or community organization. Focus will be on practical questions, promoting and maintaining a psychosynthesis training program, creating a community-based psychosynthesis counseling center, becoming a nonprofit (using a Psychosynthesis model), and more generally finding your organization's place in the community.

When Theory Leads Us Astray: A Clinical Critique of Psychosynthesis

Bruce McBeath, Ph.D., cofounder of the Psychosynthesis Institute of Minnesota, writer, and licensed psychologist practicing in St. Paul and Red Wing, Minn., is also a adjunct associate professor at St. Mary's University of Minnesota.

Bruce will spend 90 minutes with those of us willing to generate our own critique of psychosynthesis maps and methodologies to avoid having them **disconnect** us from our client's actual experience in clinical work. Lecture focused on actual case materials, demonstration, experiential exercise, and discussion will address the **clinical limitations** of otherwise important contributions from psychosynthesis: the “Higher Self,” the “I,” subpersonalities, higher and lower unconscious, and the use of mental imagery.

Feldenkrais Joins Psychosynthesis, Allowing Healing Energy to Flow More Freely

Dore Stubenvoll, M.Ed. in Clinical and Counseling Psychology, is from Duluth, Minn., and is Guild certified as a Feldenkrais Practitioner.

She will give a 90-minute, primarily experiential workshop—with participants lying on the floor to combine a Feldenkrais Awareness Through Movement lesson and Psychosynthesis exercises. The two methods work with Body, Mind, and Spirit in complementary ways. As the body develops flexibility, so does the mind, providing help to exchange ineffective habits for more effective ones. ♥



Design and Calligraphy by Abby Seixas

Edith Reneau Stauffer Ph.D., 1909-2004

By Bob and Joann Anderson

Edith was a piper who loved to teach by telling stories.

At a Psychosynthesis workshop Edith Stauffer conducted in the 1970s, she described arriving in Seattle on an older-model Boeing 727 with a rear exit door. On landing, the personnel had announced that all tourist-class people would exit by the rear door and first-class people by the front door. Edith, of course, proceeded to the front door, and when the stewardess stopped her because she was exiting from tourist class Edith said, "Well, I'm a first-class person!" She exited by the front door!

Edith was working in a workshop with a young man who was at a stuck point in a relationship with his spouse because of his unrealistic expectations. Edith looked out the window and asked him and the entire group, "Do you expect to get apples off that Sequoia tree?"

Edith was famous for her intuition. Asked why she had used a given intervention at a point in a psychodrama which had galvanized the insight of the person with whom she was working, Edith said, disarmingly, "I don't know, it just seemed like the right thing to do."

How do we express our gratitude, our thanks for our good fortune in crossing paths with Edith Stauffer? We think of what our lives might have been like had we not met this woman who

surreptitiously told Joann during a workshop, "If that young man [Bob Anderson] doesn't do something, he'll be dead by the time he's forty." For the opportunities to find within ourselves unrecognized potential, unexpected courage, unanticipated ability to change, grow, and find the work that we are supposed to be doing, Edith, we thank you.

Having studied with Robert Gerard in Los Angeles, she found Roberto Assagioli and Psychosynthesis and led groups of persons to study with him in 1972 and 1973. This was when she recognized that she had already been "doing Psychosynthesis" even before she went to Italy and met Dr. Assagioli.

In her seminal book, *Unconditional Love and Forgiveness*, Edith describes the story of "Jack," a young man who was threatening to leave his job at a country club because of being totally unraveled with rage at the inadequacies of his boss, Evelyn. "Does Evelyn do anything well?" Edith asked Jack. He acknowledged that she was a good hostess and ran the banquet facility extremely well. "Where could you start good rumors about her?" Edith asked.

"Well, at the coffee shop, I suppose," Jack said. "Are you willing to do that?" Edith asked. Jack started good rumors about Evelyn's hostess work. A week



later Jack came into Edith's office for his appointment walking on air. Evelyn had told Jack how happy she was with his work in the pro shop and that she wanted to leave the entire golf shop and tourna-

ment operations to Jack without interference. A marvelous result of "starting a good rumor."

Edith told of being aware at age six that the contentious relationship between her mother and Edith's younger brother would have improved if only her mother had approached it in a different way. She began to help manage her younger brother, expressing early-on the insights which prepared her to develop her skills as a therapist.

Her daughter Barbara reminded us of her penchant for gardening and her love of plants and growing things. When she and her husband Paul moved from Diamond Springs, California, to Ojai, Calif., Barbara recalls Edith directing the digging up of dozens of plants from the yard to be crammed onto an already-full moving van! Her tending of plants was a metaphor for her therapy with numerous persons, planting seeds, watering, and fertilizing the growth she fostered in her clients both face-to-face and by correspondence.

Winning her doctoral degree in her sixties, Edith pressed on. Not satisfied to have successfully founded the El Camino Counseling Service in the 1950s, serving as director for 23 years, she broadened her work by founding High Point Foundation of Pasadena, Calif., teaching students and future leaders as its director for 18 years. During this time she traveled extensively, bringing her message directly to hundreds and hundreds of eager students. In her ninth decade, she founded Psychosynthesis International, a distance-learning program offering Psychosynthesis training and certification to students here and abroad. At age ninety she was actively participating in a "Roberto Reunion."

Edith's great contribution to Psychosynthesis was her unconditional love and forgiveness work. She repeatedly emphasized the great existential questions of life. "Who are we?" "What are we supposed to be doing while we are here?" What hundreds of us learned we now pass on to our families, our children and our grandchildren, our clients, our patients, and our organizations. They, in turn, hand on to those with whom they work the principles that Edith taught. ♥

Thank You, Edith

The Association for the Advancement of Psychosynthesis awarded its first Lifetime Achievement Award to Edith Stauffer, Ph.D., in 1996.

Edith's life was a tribute to the power of living the principles of psychosynthesis on a daily basis. Many remember her for her most recent work, *Unconditional Love and Forgiveness*, a book that was published in 1987. It went on to be published in French, Japanese, Portuguese, Danish, and Dutch. This book integrated and synthesized Edith's seventeen years of research and study about the Essene laws with her 52 years of study in the field of Psychosynthesis. Since both the Essene "Code of Conduct" and Psychosynthesis emphasize the creative use of the will and transpersonal levels of awareness for maintaining and increasing personal health and universal harmony, Edith Stauffer found these principles powerful and successful when assisting people to develop right relationships with themselves, their family, friends, and businesses. These principles also helped people live in harmony with nature and their larger universe.

Edith's legacy is very alive in the programs of Psychosynthesis International. Edith founded PSI in 1984 and was ahead of her peers in recognizing, valuing, and applying distance education. Students not able to connect with a Psychosynthesis center could complete a three-year certificate program, working at their own pace. In 1984, Edith dreamt of postgraduate programs in Psychosynthesis. PSI now offers a Masters in Psychosynthesis and a Doctorate in Psychosynthesis, with approval by the Calif. State Dept. of Education.

After "retiring" from High Point Foundation in Pasadena, Dr. Stauffer traveled and taught Psychosynthesis in Australia, Brazil, Canada, Denmark, England, Germany, Holland, Italy, Japan, Korea, New Zealand, Switzerland and numerous states in the United States. As time went on, people seemed hungry to learn more about forgiveness, and she focused on that topic. In 1994, the government of South Australia engaged her to teach the Unconditional Love and Forgiveness process to groups of Aborigines. She also developed and trained practitioners in her Forgiveness Process. Others have written about forgiveness and boast if they achieve 30 percent to 35 percent efficacy rates using their forgiveness process. The Stauffer process maintains a 70 percent efficacy rate.

Edith trained with Roberto Assagioli, MD, at the Psychosynthesis Institute in Florence, Italy, in 1968, 1972, and 1973. She also studied Psychosynthesis with Robert Gerard, Ph.D., of Los Angeles and Martha Crampton, then of Montreal, Canada, and Jungian psychology six years with Bula Williams, Ph.D., at the South West Counseling Service. She also studied Psychodrama with J. L. Moreno at the Psychodrama and Group Therapy Institute of New York and at the Martinus Institute in Copenhagen, Denmark.

Edith taught Psychosynthesis at the University of California, Riverside, and the California State University, Fullerton. She directed a staff training program at the State Rehabilitation Center in Norco, Calif., as well as a two-year program for the residents of the Women's Division of the Federal Correctional Institution at Terminal Island, Calif.

Dr. Stauffer served as President and Director of the El Camino Counseling Service in Compton, Calif., for 23 years. El Camino was a full-service counseling center, and she provided individual and group counseling, supervised a staff of twelve psychologists and psychiatrists, and conducted a three-year research program on meditation with a group of thirty men and women.

From 1980 through 1982, Dr. Stauffer acted as a trainer and consultant to the Los Angeles Unified School District, training and educating 140 teachers and 3,300 students in a two-year project on "The Applications of the Principles of Psychosynthesis." She also acted as a consultant for the Fontana Unified School District and the Minneapolis Unified School District in Minneapolis, Minn.

Edith was the Director of Psychosynthesis Training at the High Point Center in Pasadena, Calif., for eighteen years. She also directed a Growth Center for this organization for seven years at the Wylie Woods Retreat Center in the mountains above Pasadena.

It was in this capacity that I met Edith Stauffer in 1976. As the San Francisco Institute was no longer an option for continuing study, I welcomed High Point Foundation, Pasadena, and its three-year certificate program into my life. I located this program through a doctoral program I intended to do with International College. Edith joined forces with Winifred Lucas, Ph.D., and Ed Reynolds, Ph.D., and agreed to provide Psychosynthesis training for International's graduate program in Transpersonal Psychology. Winifred had helped Bruno Klopfer norm the Rorschach test. Ed Reynolds had worked directly with Abraham Maslow. I had a strong desire to train with both. While I went on to complete the doctoral program through International, I soon realized the significance of the High Point Training. I actually put my doctorate on hold to complete my Psychosynthesis Certificate. Edith and I joked that I, "put the High Point training first because she was more than 60 years old and I didn't want anything to happen that might stop me from completing this training."

She assured me that she planned to teach much longer, but I knew Psychosynthesis and her training was so important to my life that I dare not take a chance. She of course went on to live many more years, but I would still make the same decision today. Many have touched my life, but no one so marvelously, so delicately and so determinedly as Edith Stauffer. She translated psychosynthesis into a language that resounded with my feminine soul, assisted me to combine career and family effectively, and gave me the tools to use clinically in all forms of my work. There are many great minds available to provide training, but Edith Stauffer integrated and trained my heart and spirit as well. I miss her physical presence. Yet, her legacy lives on daily as I strive to integrate the lessons she taught. Thank you Edith—you are one of a kind!

—Mary Kelso, California

bodybodybodybodybodybodybodybodybodybodybodybodybodybodybody

A-a-h-h!

Use a relaxed, sighing "Ah!" to release breath and tension, assisting the eliminative, letting go process.

Take a deep, comfortable breath. Exhale, allowing a deep, full "A-a-h-h!" to come out until your lungs are totally empty. As you get to the end of the breath, "blow out the candle" to completely expel the old air. Use the vibration of the sound to release tension and relax.

Reference: *Energy Exercises, Easy Exercises for Health & Vitality* by John Chitty and Mary Louise Muller

More thanks to Edith Stauffer

Excerpts from Memorial Service Letters

Edith was traveling to Australia, Korea, and Japan to teach both Psychosynthesis and the Forgiveness Process in 1980, and a friend (Anne Verity) "happened" to know about that, so we invited her to add our town in New Zealand to her tour. She came several more times (as did other PS teachers trained by her over the years, to support us), and I visited her annual residential seminars at Wylie Woods for some years. Thus the seeds of Psychosynthesis, with her especial gift of the Forgiveness Process, began to grow here. . . .

—Guy Pettitt, Nelson, New Zealand

Edith's contribution to Psychosynthesis of the Unconditional Love and Forgiveness Workshop is profoundly appreciated here on the other side of the earth, in Bombay and Pune, India. For more than a few souls here, there is vocal joy and trust in the song:

Naphsha knows the way through the wilderness,
All we have to do is follow,
Strength for today along life's way,
And all our cares for the morrow.

—Al Lingo, Pune, India

Twenty-five years ago Edith was inspired to travel to New Zealand and Australia to bring to us the wonderful process of Psychosynthesis. She gave the first Psychosynthesis workshop in Australasia. Psychosynthesis was launched here in the South Pacific. She was 70 years old at that time. She came on many other occasions and gave workshops in the major centres of New Zealand and Australia. . . .

—Anne Verity, Lizz Conroy, Motueka, New Zealand

Jest in Fun

Sam had been good.

"Sam," God said, "I'd like to reward you for your goodness. What would you like?"

"Well, I'm a golfer," Sam said. "Could you build me a highway to Hawaii so I could drive there on weekends? I don't like flying."

"Sam, that would take a *lot* of concrete, even for God," God said. "Anything else you might want?"

Sam thought for a minute, then asked, "I've been trying to understand the relationship between the 'I' and the Self in Psychosynthesis. Could you help me with that?" After a long pause, God responded.

"Two lanes or four?"

—Thanks to Brad Roth

What did the Yogi say when he walked into the Zen Pizza Parlor?

"Make me one with everything."

When the Yogi got the pizza, he gave the proprietor a \$20 bill. The proprietor pocketed the bill. The Yogi said "Don't I get change?" The proprietor said, "Change must come from within."

GOINGS ON

"Foundations" Course in Psychosynthesis, Mt. Shasta, Calif.

Molly Brown of Intermountain Synthesis Center in Mt. Shasta, Calif., is offering a three-weekend "Foundations" course in psychosynthesis this winter/spring. The first weekend will be in February or March, depending on the weather and enrollment; the course continues monthly through April or May. Check www.intermountainsynthesis.org for details.

Coming Alive: The Soul's Dark Light

An experiential program and retreat with Tom Yeomans and Friends, April 14 through 17, 2005, in Big Sur, Calif. The program is hosted by the Growing Edge for Sustainable Peace and Healing in Big Sur www.growingedge.org

On-site accommodations are limited, so early registration is highly recommended. Call Kay Brownfield at 831-667-2366.

Personal Growth Class in Aurora II.

Karen Pesavento, Ed.S., is currently offering a personal growth class with a Psychosynthesis structure in Aurora, IL. It is a series of ten classes, three and one half hours long, once a month.

Karen will be offering the class again beginning in August 2005, extending to May 2006. The classes have four to eight people, and involve learning the theory of Psychosynthesis, as well as personal work prompted by guided exercises, journaling, and reading.

For more information call (630) 466-7453, or e-mail kpesave@mchsi.com

Online Psychosynthesis Training Programs

People anywhere in the world—even far from a Psychosynthesis center—can learn Psychosynthesis using the Internet and e-mail. A sampling:

- Intermountain Synthesis Center
<http://www.mollyyoungbrown.com/training.htm>
- Psychosynthesis International
<http://www.healthy.net/psi/>
- Will Parfitt
<http://www.willparfitt.com>

(AAP News *doesn't endorse programs or individuals but encourages you to learn about these offerings for yourself or your clients. Are you aware of other online programs? Please tell us about them.*)

Note from the APP Steering Committee

Calling all AAP members:

The AAP has learned that, because of a technical problem last year, some new and renewing members may not have received their membership cards or welcome packets.

We want to reconnect with those members, so if you know any friends, students, or colleagues who may have joined or renewed their membership to AAP in the last year, please ask whether they were welcomed, received their membership card, and have been getting the newsletter, etc.

If they haven't, please ask them to contact us:

Phone: **(646) 320-3914**
E-mail: **info@aap-psychoanalysis.org**
Address: **AAP**
PO Box 6287
Albany, CA 94706

We will send a welcome package with back issues, cards, etc.

Thank you for your assistance making AAP the helpful, loving association we strive to be.

Sincerely,
- AAP Steering Committee

Gaia's Corner

Song

Deep in the heart of the earth, a dream is waiting.
Deep in the soul of us all, a dream is waking.
We, we of the earth hear her call and we answer.
She, she is the music, and we, we are the dancer.

Reminder: Restoration of Roberto Assagioli's beautiful home and office.

Donations can be sent in two ways:

- Request a bank transfer of the desired amount of contribution to : Istituto di Psicosintesi, # Banca Toscana, Firenze, J 03400 02813 000001216021 (there will probably be an additional bank charge for this service).
- Send the contribution by check to AAP, Betty Bosdell, 1127 La Tortuga Drive, Vista, CA 92083-6444. AAP will hold the funds and periodically send them by bank transfer to reduce the transfer fee. (The transfer fee will be deducted from the total amount sent by AAP members.)

It's one way of expressing our love of psychosynthesis. If you have any questions, or if you are interested in receiving a copy of the anticipated floor plan of the building, please contact Phyllis L. Clay, Ph.D., at synthesisintl@aol.com



Association for the Advancement of Psychosynthesis
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