



**A Journey to the Self  
in the Landscape of St. Francis  
Assisi, Italy – September 24-29, 2011  
Facilitator and Journey Guide: Phyllis L. Clay, Ph.D.**

**Description:** In this 5-day Journey to the Self, we will build upon ancient Inca cosmology and Roberto Assagioli's map of human consciousness as we deeply explore the multiple levels of our own lives. This personal (and collective) journey will draw on the landscape of Assisi, as well as the life and experiences of St. Francis of Assisi, to assist us in our exploration. This rich, multi-layering will provide opportunities for self reflection and discovery. Using journaling, other expressive arts, and reflective conversation, we will tell our own lives to ourselves (and to each other, as we choose) and discover our Selves in the process.

This 5-day journey will begin at 2:00 Saturday afternoon, September 24, and conclude at breakfast on Thursday, September 29. We will be hosted at Casa Maria Immacolata in Assisi, Italy.

**Facilitator:** Your facilitator and guide for the journey will be Phyllis L. Clay, Ph.D. Phyllis has found a depth of richness in her own journeys to Assisi and is eager to assist in weaving the beauty and meaning of the landscape into your experience of your own life and its invitations to you at this point in time.

Phyllis is a psychosynthesis guide and teacher. She is the CEO of Synthesis International, Inc. Additional information about Phyllis is contained in the registration materials.

What others have said of Phyllis's facilitation:

“Phyllis has created a rich combination of theory, experience, and practice.... Phyllis holds a sacred space in which we learn and grow.” Career Consultant.

“Phyllis’s work is a gift of joy, integrity, richness, and clarity, crafted artfully from many sources....I experience Phyllis and her work as wholly nourishing, genuinely satisfying, balancing, honest, and powerful.” University Professor.

“Expect the unexpected.” Executive Coach.

“It wasn’t at all what I expected...and it was so much more.” Self Healer.

You are enthusiastically invited to join Phyllis and other travelers on a Journey to the Self.

**Cost:** \$785 (Facilitation and materials, lodging [September 24-28], all breakfasts and lunches, and three dinners are included in the cost of the journey. Two dinners will be on your own.) To request registration materials or answers to your questions, please contact Phyllis at 816-935-1532 (or [synthesisintl@aol.com](mailto:synthesisintl@aol.com)).

**Group Size:** Space for the Journey is limited. Register early to ensure your space in this unique opportunity.

