

Re-envisioning Psychosynthesis Training in North America
7th Annual Trainer Development Program (TDP)
A Pre-Conference Event



The Association for the Advancement of Psychosynthesis is approved by the American Psychological Association to sponsor continuing education for psychologists. AAP maintains responsibility for this program and its content.

THURSDAY, JUNE 24, 2010 and FRIDAY, JUNE 25

8:00 – 9:00 am

Registration for TDP

9:00 am – 4:00 pm

The Professional Development Committee (PDC) will host the seventh annual Trainer Development Program (TDP) for experienced psychosynthesists and psychosynthesis trainers. The TDP will be held on the two days prior to the Conference, Thursday, June 24 and Friday, June 25, at Techny Towers, beginning at 9:00 am each day. Plan to arrive Wednesday evening, June 23. The program, "Re-envisioning Psychosynthesis Training in North America," will be facilitated by members of the PDC.

Participants will explore this topic as a Will Project, focusing particularly on training delivery methods: center training, graduate and undergraduate programs, distance and e-learning programs, public forums, research, publication, and others suggested by the participants. We will utilize large and small group process to explore:

- current experience and expertise in the delivery methods identified;
- how delivery methods can work synergistically to advance the development and outreach of psychosynthesis training;
- the application of new e-technologies, and the balance of conceptual and experiential learning in distance learning;
- new models for training of trainers.

The PDC is excited to be sharing this new phase in the development of Psychosynthesis in North America with you. Your energy, ideas, and creativity will enhance the process. Please make plans now to join us in June!

Learning Objectives:

Upon completion of this training attendee will be able to:

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| <ol style="list-style-type: none">1. Describe the core principles of psychosynthesis.2. Integrate core principles of psychosynthesis with appropriate areas of clinical application.3. Describe potential research topics and describe evidence-based research related to psychosynthesis from current findings in the field.4. Design sample training with a balance of didactic and experiential learning methods.5. Articulate challenges, approaches and solutions for integrating psychosynthesis with graduate and undergraduate courses. | <ol style="list-style-type: none">6. Survey various methods of teaching psychosynthesis in a variety of institutional settings.7. Evaluate the efficacy of existing training and teaching programs.8. Demonstrate various training techniques to showcase personal strengths.9. Synthesize Assagioli's Stages of Will and Ideal Model techniques when creating and implementing a common vision and goal. |
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Professional Development Committee Faculty:

Betty Bosdell, Ph.D., is a Professor Emeritus of Northern Illinois University, where she taught psychosynthesis and other theoretical systems in psychotherapy. She served as co-chair of AAP in 2007 and currently serves on the Professional Development Committee. She has written about child therapy, group counseling and psychosynthesis for a university audience. She has directed research and NDEA training institutes.

Judith Broadus, Ph.D., has been active in psychosynthesis since 1981 when she began four years of professional training at the Kentucky Center. She served as Co-Chair of the AAP Steering Committee, and has taught psychosynthesis nationally and internationally in North and South America. She has served as Director of the Lexington Shambhala Meditation Center. She is a licensed psychologist in Lexington where she studies, practices, and teaches mindfulness and the interface between psychotherapy and meditation.

Molly Young Brown, M.A., M.Div. teaches on-line courses, offers transpersonal coaching, and gives talks and workshops internationally. Coauthor with Joanna Macy of *Coming Back to Life: Practices to Reconnect Our Lives, Our World*, she has published three other books, including *Growing Whole: Self-realization for the Great Turning*.

Vincent Dummer, Psy.D., a native of the Netherlands, has been active in psychosynthesis since 1979 when he began training at the Kentucky Center of Psychosynthesis, and continued his training with the London Institute of Psychosynthesis (1979-1983.). He taught psychosynthesis to both professionals and non-professionals nationally and internationally in North and South America. He studies, practices, and teaches mindfulness and the interface between psychotherapy, meditation, and the body.

Mary Kelso, Ph.D., is a practicing licensed psychologist, college professor and consultant. She was certified in psychosynthesis in 1985. She teaches graduate courses in transpersonal psychology; child, couples, and family therapy; as well as parenting classes to future masters and doctoral level therapists. She served as co-chair of the AAP in 1999 and is currently on the Professional Development Committee.

Janet Messer, Ph.D., is a licensed psychologist in private practice and adjunct faculty at Southwest College of Naturopathic Medicine. She uses psychosynthesis in her practice and teaches psychosynthesis to mental health professionals and laypeople. She currently serves as AAP Co-chair.

Deborah S. Onken, Ph.D., is a Missouri licensed psychologist, health service provider, psychosynthesis trainer, lecturer, and analyst. She has taught psychology at Washington University for 25+ years, and has been on the Steering Committee of AAP as both Treasurer and Co-Chair, and is currently head of the Continuing Education Committee.

John Parks M.A., M.D., trained in Medicine and Psychiatry at Harvard University and was a member of the Board of Trustees of the Psychosynthesis Research Foundation (1968-1976). He founded the Kentucky Center of Psychosynthesis in 1974, and received the AAP Lifetime Achievement Award in 2000 at the International Psychosynthesis Conference in Bologna, Italy. Since 2004 he has served on AAP's Steering Committee.

Brad Roth, M.A., (Dance), Wesleyan University, B.A. (Economics), Cornell University, is a Certified Laban Movement Analyst (CMA), a trainer with the Connecticut Institute for Psychosynthesis, a member of the Professional Development Committee of AAP, and Editor of AAP's *Conversations*, Vol. 6: *Psychosynthesis and the Body*. He is currently a candidate in the Marriage and Family Therapy program at Southern Connecticut State University.