

## **Dear Friends of the AAP,**

Each day, and each moment can be the beginning of something new, so each day could be considered New Year's day! So HAPPY NEW YEAR and HAPPY LUNAR NEW YEAR, albeit belatedly!

Celebrating the passing of another year, and the beginning of a new one is one of the most joyous and optimistic activities as we spin around on this planet.

Every moment in each day holds within it the possibility of choosing or transitioning into something new...a transformation, the birth of a new idea or venture, all unfolding into a deeper or more expanded iteration of Self, of the group, of community.

As we reflect and celebrate the passing of another year and the beginning of a new one, we share with you our Joy and Optimism for 2023!

This New Year's email is to keep our members informed about some important events coming up this year, and also some new initiatives and directions in what we offer. We welcome your support in these.

## **AAP Annual Members Meeting: May 7<sup>th</sup>, 2023**

We have pushed back our annual members' meeting which would have been in October. The Steering Committee has added new members over the past few months, and given the building momentum, we chose to wait for things to develop a bit more as we organize ourselves as a new working team. This year, we plan to hold the annual AAP members meeting on *May 7<sup>th</sup>, 2023* and it will be held in the spring in subsequent years. We will send another springtime newsletter with more information.

For now, please mark your calendars, as we will discuss and answer your questions, comments, and more. The meeting offers an opportunity to set

actions and intentions for the rest of the year, and to celebrate yet another transition time in our lives.

## **OTHER ANNOUNCEMENTS:**

### **Istituto di Psicosintesi: Urgent Support Needed**

The Istituto di Psicosintesi in Florence, founded by Roberto Assagioli, recently reached out because they are having a problem with woodworm and mites that put at risk the furniture of Assagioli's home, books, and the staff working there. The cost to treat this professionally and fumigate the whole premises is estimated at €10,000. They are inviting people with a commitment to Psychosynthesis to contribute with a minimum €5. For donations of €40 or more, they are offering donors the recordings of the Congress in Catania 2021 and the Study Day in Florence in 2022. To make the donations the IBAN number is IT17I01030028030000634859. Further details can be found at [www.psicosintesi.it](http://www.psicosintesi.it), where you can access a PayPal option for donating.

### **AAP Conference Summer 2025: Northeast, U.S.**

Mark your calendars!! Join us for the first AAP conference in 10 years!!

Since our first survey was sent out, we have been at work planning and developing the next AAP conference. Thank you to those of you who shared your thoughts, ideas, and input!

For inspiration, please see Roberto Assagioli's opening remarks as the chair of the Psychosynthesis Research Foundations 1958 conference: [https://drive.google.com/file/d/1i8xLoc5p1FINHzHS3ceQliVZcCWd65S1/view?usp=share\\_link](https://drive.google.com/file/d/1i8xLoc5p1FINHzHS3ceQliVZcCWd65S1/view?usp=share_link)

We are in the stages of looking for a venue in the Northeast. We have identified key themes and components to make this conference unlike any of the previous 14 AAP conferences.

If you are interested in assisting us in developing content for the conference, giving a presentation or workshop, or contributing in some way, please contact the conference committee at: [AAP2025.CC@gmail.com](mailto:AAP2025.CC@gmail.com)

There is plenty of time and we look forward to making the most of the time we have to co-create this conference with you.

We will have much more to share in the coming months, not least news of events in 2024 from around the world honoring the anniversary of Assagioli's death in 1974 - so stay tuned! And, if you are inspired to offer something to mark the occasion, let us know so that we can develop an event.

If you are interested in taking on the DUAL ROLE GUEST EDITOR/WEBINAR HOST, please [click here](#) for more information and/or contact us as [newsletter@aap-psychoanalysis.org](mailto:newsletter@aap-psychoanalysis.org)

The Guest Editor/Webinar Hosts first task is to choose the theme for that quarter, to be published/presented in March, June, September and December. Work begins 3 months in advance of the publication/presentation date and is assisted at every stage by the Steering Committee Administrator and Steering Committee Webinar Specialist.

## **Quarterlies and Webinars**

The Psychosynthesis Quarterly is published by The Association for the Advancement of Psychosynthesis (AAP) four times a year in March, June, September and December. The AAP provides resources for people to cultivate peace and purpose. Our mission is to advance the theory and practice of psychosynthesis to benefit individuals and society.

The Psychosynthesis Quarterly accepts announcements, ideas, reviews of books and events, articles, poetry, art, exercises, photos, and letters. Tell us what has helped your life and work, what can help others, and examples of psychosynthesis theory in action.

June 2023: Social Justice with Guest Editor Rev. Dr. Cacky Mellor, Ph.D.,  
RSME/T, SEP [www.somaticreclamation.com](http://www.somaticreclamation.com)

September 2023: Guest Editor Allan Frater, Psychosynthesis and Imagination  
<https://wildimagination.uk/book/>

December 2023: Guest Editor Svante Björklund, A Living Systems view of  
Psychosynthesis - New Perspectives  
<https://www.humanova.com/>

## **Special requests to join the Steering Committee**

We are looking for a member who would like to be involved in our volunteer-based steering committee as either a treasurer, grant writer and/or fundraiser. This would entail the following:

### **Open position: Treasurer**

- Key executive branch member of SC
- Implements the financial policy set by the Steering Committee
- Accounting of financial needs/transactions
- Create and disseminate a monthly financial report to the Steering Committee
- Compiles a yearly report and ensures all tax reports are prepared and submitted
- Stores accounting information in coordination with the Archive Manager(s)
- Ensures that there is consistency in all organization costs based on past history
- Attends Monthly Steering Committee Meetings via Zoom

### **Open position: Grant writer**

- Assists in finding suitable grants and funding opportunities based on desired activities
- Leads in writing grant funding requests with the help of Steering Committee members' input
- Attends Monthly Steering Committee meetings via Zoom

\* If you have experience with grant writing and have any information to share with us, please let us know. Even if you cannot join as an SC member, we welcome your insight and willingness to point us in some positive directions!

## **Open position: Fundraiser**

- Assists in finding new and creative ways to fundraise to sustain AAP activities and broader goals to advance psychosynthesis
- Works to collaborate with different sponsors, e.g. for the conference planning
- Coordinates ways to deepen resources for the AAP with a sustainable approach
- Collaborates with the Grant Writer(s) and rest of the Steering Committee
- Attends Monthly meetings

## **Looking ahead:**

In our upcoming newsletter, we will be announcing more ideas and soliciting more of your input for the following:

- Strengthening the AAP research focus
- Developments in AAP coaching activities
- Building and promoting the AAP archives
- Reading and Writing group ideas
- And more!

We are eager to hear any and all voices and opinions! Share your ideas, questions, comments, and/or concerns by emailing us at [communication@aap-psychosynthesis.org](mailto:communication@aap-psychosynthesis.org)